



4th Annual OCD Texas 2026 Symposium & Mental Health Fair

THE WOODLANDS, TX

*Help advance OCD education,
awareness, and access to care in Texas*

Presenting Sponsor



OCD & ANXIETY
OF THE WOODLANDS, PLLC

★ SPEAKER SPOTLIGHT ★

Keynote Speaker

Dr. Patrick McGrath

Chief Clinical Officer, NOCD



As Chief Clinical Officer for NOCD, Dr. Patrick McGrath leads teletherapy services that help individuals with OCD and related conditions access evidence-based treatment. Throughout his career, he has developed Intensive Outpatient, Partial Hospitalization, and Residential Treatment Programs for OCD, anxiety disorders, and PTSD, helping expand access to specialized care.

 Session Topic

***Making the case for behavioral
based treatment:***

No one has been talked out of OCD.



Event Information

 **Date:** Saturday, October 10th 2026

 **Location:** Kevin Brady Community Center
The Woodlands, Texas

 **Email:** symposiumchair@ocdtexas.org

REGISTRATION NOW OPEN!



REGISTER NOW!

